

## Daily Prayer This Week

The old Baltimore Catechism defined Prayer as “raising the mind and heart to God.” It reminds us that prayer is not simply saying words to God, or even thinking over religious things in our heads. Real prayer becomes a matter of the heart. We understand prayer best when we think of it as a relationship. Growing in prayer is to grow in love, in intimacy, in a type of communication that is “heart to heart.” So, on the human level, if we have a difficult time receiving love or in surrendering our self-absorption and giving love or if we just haven't had much experience of being intimate and vulnerable with another human being, then it will be difficult for us to do that with God. Conversely, anything we can do to develop our relationship skills, to de-selfish ourselves and practice accepting love and loving generously will help us grow in our relationship with God. Praying can often become easier, more personal and intimate.

This week, we can go from hearing these wonderful readings to listening to Jesus with our hearts. It is great to begin this week asking for the grace to reflect throughout the day on how we will enter “the narrow gate,” by how we go about our day, interact with people, or return home from work. Then we can reflect on how we can humble ourselves and what that means for our day-to-day choices.

We could ask for the grace to go deeper than the externals and rules and get to the heart of our faith - loving others with the same compassion and love that Jesus shows us. For some of us, it might be extremely helpful this week to take the word “awake” and to carry it all day long. “Help me stay awake, Lord: to be alert and attentive, focused and reflective today. It will be busy, but I ask that you help me be consciously aware that you will be with me all day.” We may want to ask, “Lord, let me be conscious of the many gifts and blessings you have given me. Let me reflect upon how I use each gift gratefully and for others. Let me really see today if there are gifts that I am neglecting, squandering, or simply are afraid to use. Then, give me the courage to give you thanks and to be a good steward of your gifts.”

As we prepare for Sunday, we can begin to reflect upon giving up the honours in our lives. We can begin each day praying, “Lord, help me humble myself today, put myself last in caring for my family, in doing my job with a more selfless sense of service. Help me forgive people who aren't performing well or behaving well. Help me see the way you give me life in this surrender, in this freedom to spend brief moments today in talking with you, friend-to-friend, in heart-felt connection with you, for others.”

### HOLY SPIRIT PARISH WOMEN'S SOCIETY

The Holy Spirit Women's Society will be starting back up monthly meetings beginning Tuesday September 28 at 630pm in the Rectory Hall. All women of both worship sites are welcome to attend. Also, if you want to keep up with what we are doing, find us on Facebook by searching Holy Spirit Women's Society.

Jill Robillard – Chairperson 757-8158

### NEW MINISTRY

Have you heard? We have a new ministry! We're looking for people who are interested in various forms of technology that we use to support Mass and Evangelization. No experience is necessary, only a willingness to learn about any (NOT ALL) of the following: sound system, blogging, social media, Zoom... If interested please contact Matthew Tingley at: [mrtingley@blackcatsolutions.ca](mailto:mrtingley@blackcatsolutions.ca) or 721-5722, or call the Parish Office.

## Saint of the Day for August 28 - Saint Augustine of Hippo

(November 13, 354 - August 28, 430)

### Saint Augustine's Story

A Christian at 33, a priest at 36, a bishop at 41: Many people are familiar with the biographical sketch of Augustine of Hippo, sinner turned saint. But to get to really know the man is a rewarding experience.

There quickly surfaces the intensity with which he lived his life, whether his path led away from or toward God. The tears of his mother, the instructions of Ambrose and, most of all, God himself speaking to him in the Scriptures, redirected Augustine's love of life to a life of love.

Having been so deeply immersed in creature-pride of life in his early days and having drunk deeply of its bitter dregs, it is not surprising that Augustine should have turned, with a holy fierceness, against the many demon-thrusts rampant in his day. His times were truly decadent: politically, socially, and morally. He was both feared and loved, like the Master.

In his day, Augustine providentially fulfilled the office of prophet. Like Jeremiah and other greats, he was hard-pressed but could not keep quiet. “I say to myself, I will not mention him/I will speak in his name no more/But then it becomes like fire burning in my heart/imprisoned in my bones/I grow weary holding it in/I cannot endure it” (Jeremiah 20:9).

**Saint Augustine is a Patron Saint of:** Converts to Christianity, Printers and Theologians

### To My Parish Family,

For over three years my eldest living brother, **Joseph** has been battling cancer. Unfortunately, his diagnosis has lead him to receiving palliative care at home in Hampton... his time among is coming to an end. I am sharing this with you for two reasons:

1. As your parish priest, I want you to know that our brother and his family, which includes me, are in need of your prayers... that God will soon call him home to eternal life.
2. Also, I want to be with Joseph and the rest of my family at this time. Father Tom Fowler has graciously offered to fill in when needed. He has been connected to our parish since his own retirement in 2017 and has come to know you very well. I am truly grateful for his ongoing love and support. Therefore, if I am not available for Masses, Funerals, Sick Calls, Baptisms, then he will be covering for me.

Likewise, the parish needs to still carry on. Therefore, I am calling upon the various chairs of our various committees to lead their perspective ministries accordingly. September is the time that many of our committees and meetings begin. I may or may not be able to attend meetings... please understand. Bernice, our parish secretary is always available to provide you support and to answer any administrative questions.

Now I need you to continue to support your faith community and to pray for my brother Joseph, his wife Sheila, his boys, and other family and friends. Truly, I am grateful for your understanding and other support!

In prayer,  
Fr. David

**MASS SCHEDULE 2021**

|              |     |                           |         |  |
|--------------|-----|---------------------------|---------|--|
| Aug 31, 2021 | Tue | St. Matthews Worship Site | 7pm     | Theresia Hoellwarth                        |
| Sep 02, 2021 | Thu | St. Rose Worship Site     | 12:10pm | NO MASS                                    |
| Sep 04, 2021 | Sat | St. Rose Worship Site     | 4pm     | Murielle McGraw<br>Ralph Magee             |
| Sep 05, 2021 | Sun | St. Rose Worship Site     | 9am     | Adrice LeBlanc<br>Paul Basque              |
| Sep 05, 2021 | Sun | St. Matthews Worship Site | 11am    | Jeannette Comeau<br>Frank & Lorraine Quinn |

*Eternal Rest Grant unto them O Lord..." Our prayers and condolences go out to the families of Ralph Clements, Rosemary Holihan, Shelly Williams and Paul Richard*

**Sunday Exposition/Adoration:** September 5, 12 & 19 - St. Rose Worship Site 1-2 p.m.

AVENUE 'B' - Looking for volunteers to help prepare food for Avenue 'B' at St. Rose Place. The food is prepared based on demands indicated by Avenue 'B'. If interested please provide contact information to Holy Spirit Parish Office @ 506-653-6850 or email: [holyspiritparish@nb.aibn.com](mailto:holyspiritparish@nb.aibn.com). Also, thank you for your monetary donations as this allows us to purchase meat and fresh vegetables.

For more information contact Helen Leblanc – 675-1548

**COLLECTIONS - THANK YOU FOR YOUR GENEROSITY!!!**

Aug 22, 2021 – Regular \$1,392.00 Loose \$186.85 eTransfer - \$120.00 Building Fund - \$115.00  
Food Bank - \$120.00 PAD Weekly Average - \$1,694.00 PAD BLDG - \$172.00

**THANK YOU TO THOSE WHO CONTINUE TO DROP OFF OR MAIL THEIR MONETARY DONATIONS. WITHOUT THIS EFFORT WE WOULD NOT BE ABLE TO MEET OUR EXPENSES.**

**\*\*IMPORTANT\*\* Dear Parents!!**

In anticipation of restarting Religious Education classes, we need volunteers. Sharing your Catholic experience with our youth is a wonderful ministry, and it's fun, too! You don't need to be a liturgical scholar; we have lots of resources, and mutual help! If you have experience with ZOOM, that could be a bonus, but at this point, it will only apply to the Confirmation class. If you're interested, or just want more information, please call Linda at 506-636-0677 or email at [linspin@nbnet.nb.ca](mailto:linspin@nbnet.nb.ca)

**Holy Spirit Women's Society**

During the months of August & September, Holy Spirit Parish is holding a school supplies drive for Harbour View High School students in need. The items that have been requested are: pens, pencils (pre-sharpened if possible), erasers, duo tangs, scientific calculators, small binders (1" or 1.5"), backpacks suitable for high school, as well as nut-free pocket snacks (granola bars, etc). Please note that loose leaf is **NOT** needed at this time. Thank you in advance for your generosity.

**Holy Spirit Parish**

*St. Matthews & St. Rose of Lima Worship Sites*

*August 29, 2021*

*We are a welcoming community of growing disciples who share our faith, support one another, and lead others to Jesus.*

**\*\*\* OFFICE HOURS\*\*\***

Tuesday - Thursday: 9 am to 4 pm

Office Number - 738-2320 Office Number - 653-6850

Monday & Friday: both offices closed

**CONTACT INFORMATION**

Email: [holyspiritparish@nb.aibn.com](mailto:holyspiritparish@nb.aibn.com)

Pastor – Rev. David J. Martin

Mailing Address: 279 Nerepis Rd, Grand Bay-Westfield, NB E5K 2Z9

St. Matthew Worship Site – (506)738-2320 Fax: (506)653-6865 Website

[www.holyspiritparish.ca](http://www.holyspiritparish.ca)

Civic Address: 45 Dollard Drive

St. Rose of Lima Worship Site – (506)653-6850 Fax: (506)653-6865 Website

[www.holyspiritparish.ca](http://www.holyspiritparish.ca)

Civic Address: 541 Milford Road

Confessions - The Sacrament of Reconciliation 3:15pm Saturdays at

St. Rose of Lima Worship Site

**SUMMER OFFICE HOURS**

**TUES (SMWS) 9AM – 4PM, WED & THUR (SRWS) – 9AM – 4PM**

**RELIGIOUS EDUCATION CONTACT INFORMATION**

Holy Spirit Parish – Please contact Linda Spinney at 636-0677 or email her at [linspin@nbnet.nb.ca](mailto:linspin@nbnet.nb.ca)

**PANDEMIC TEAM CHAIRPERSON**

Mark Palmer – 506-635-5742 or email him at [markj@nbnet.nb.ca](mailto:markj@nbnet.nb.ca)

**Gentle Path – Counselling Services – Pathways to Hope**

Gentle Path Counselling Services provides counselling at the 28 Richmond Street Office and is now scheduling appointments at Horizon's Market Place Wellness Centre in the Lower West Side

**We offer counselling for:**

|                     |                       |                          |                               |
|---------------------|-----------------------|--------------------------|-------------------------------|
| Anxiety             | Addictions            | Grief & Loss             | Domestic Violence             |
| Couples Counselling | Sexual Assault Trauma | Self Esteem & Body Image | Sexual Identity & Orientation |
| PTSD                | Parenting             | Depression               | First Nations                 |
| Kids & Teens        | Blended Families      | Anger Management         | Work Related Issues           |

(Subsidies are available)

Gentle Path Counselling Services, Ltd.

Phone (506)652-7284 Toll Free 1-888-394-4022

[www.gentlepathsj.com](http://www.gentlepathsj.com)

Facebook: Gentle Path Counselling Services

<https://www.facebook.com/gentlepathcounselling>

services/

Charitable # - 85377 7175 R0001